COUNTRY Trust Bank®

Financial Planning Insights – Tips for Building Financial Security

"The best time to plant a tree was 20 years ago. The second best time is today." Chinese Proverb

Financial security means having the resources to cover your needs and handle unexpected expenses without stress. It involves managing your money wisely, saving for the future, and protecting yourself with insurance. Ultimately, financial security provides peace of mind and stability in your life. Whether you're just starting out or have years of experience, these basic principles will help you achieve and maintain the financial security we all seek.

Use credit wisely.



Using credit wisely helps you stay financially stable and reach your goals. Pay your bills on time and keep your credit usage low to build a strong <u>credit score</u>, which is important for getting good loan terms. <u>Avoid unnecessary debt</u> and only borrow what you can repay to prevent financial stress. This also promotes disciplined spending and prepares you for unexpected expenses. Overall, managing credit responsibly is key to financial security.

Learn to budget.



Budgeting is a valuable tool for managing your finances effectively. By <u>tracking your income</u> <u>and expenses</u>, you can help ensure you live within your means and save for future goals. A well-planned budget helps you prioritize spending, avoid unnecessary debt, and prepare for unexpected expenses. Learning to budget helps provide financial clarity and peace of mind.

Build and maintain an emergency reserve.



An <u>emergency reserve</u> is vital for financial security, providing a safety net during unexpected situations like job loss or medical emergencies. It helps you cover essential expenses without resorting to high-interest debt, reducing financial stress. By having an emergency fund, you can navigate unforeseen challenges with confidence and maintain your financial stability. Ultimately, it helps ensure peace of mind and protects your long-term financial health. A good target amount is 2-6 months of daily expenses.

Save for retirement.



<u>Saving for retirement</u> is essential to help secure financial independence later in life. By regularly setting aside a portion of today's income, you can build a substantial nest egg that will support your lifestyle after you stop working. Early and regular contributions to retirement accounts benefit from compound interest, significantly growing your savings over time. A well-planned retirement fund can help provide peace of mind and security for your future.

Maintain your defenses.



<u>Insurance</u> is crucial for protecting yourself and your assets against unexpected financial losses. It provides a safety net in case of emergencies like accidents, illnesses, natural disasters, or premature death, and helps to ensure you and your family don't face overwhelming expenses. Having the right insurance coverage helps safeguard your financial stability and gain peace of mind. Ultimately, insurance helps you manage risk, secure your lifestyle, and maintain your progress toward your other financial goals.

Build your financial literacy.



Financial literacy is essential for making informed decisions about your money. It empowers you to manage your finances effectively, from budgeting and saving to investing and planning for retirement. With a solid understanding of financial concepts, you can avoid common pitfalls like excessive debt and poor investment choices. Importantly, financial literacy provides the knowledge and confidence needed to help achieve long-term financial stability and security.

